



The MillenniumTM
School

Surat

Meal Menu

FEBURARY 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			01 Moong Dal Chilla, Chutney Kashmiri Dum Aaloo, Roti, Dal Fry, Jeera Rice.	02 Idli Sambhar, Chutney Cabbage Mutter, Roti, Kadhi, Green Peas Rice.	03 HOLIDAY	04 HOLIDAY
05 Potato Bite, Hot Garlic Sauce Deshi Chana, Roti, Dal, Rice	06 Uttapam, Sambhar, Chutney Mix Veg. Dry., Roti, Palak Khichadi, Boondi Raita	07 Rasawala Khaman Potato Sabji, Puri, Gujarati Dal, Rice	08 Indori Poha Paneer Angara, Roti, Basil Rice, Hot Sour Soup	09 Mix Veg. Paratha, Curd Rajma, Roti, Masala Rice, Corn Salad	10 HOLIDAY	11 HOLIDAY
12 Gulabi Tikki Dudhi Chana, Roti, Dal Tadka, Steam Rice	13 Palak Corn Dhokla, Chutney Afghani Kofta, Roti, Masur Dal, Rice	14 Dabeli Dry Moong, Roti, Veg. Pulav, Kadhi, Boondi	15 Tadka Idli, Chutney Bhindi Masala, Roti, Gujarati Dal, Rice	16 Aaloo Bonda Sev Tomato, Roti, Dhabawali Dal, Jeera Rice	17 HOLIDAY	18 HOLIDAY
19 Vada, Sambhar, Chutney Flower Mutter, Roti, Pakoda Kadhi, Steam Rice	20 Bhel Palak Paneer, Roti, Dum Biryani, Veg. Raita	21 Harabhara Kabab Sabji Choap Masala, Roti, Dal Pancharatni, Rice	22 Idada, Chutney Pav Bhaji, Tawa Pulav, Kachumber Salad	23 Veg. Upma, Chutney Nargis Kofta, Roti, Dal Tadka, Rice	24 HOLIDAY	25 HOLIDAY
26 Pasta Veg. Kadhai, Roti, Dal Makkhani, Steam Rice.	27 Sandwich Tindora Sabji, Roti, Gujarati Dal, Rice, Halwa	28 Ragda Tikki Methi Mutter Malai, Roti, Veg. Red Thai Curry, Steam Rice	29 Sev Khamani Veg. Hariyali, Roti, Dal Fry, Jeera Rice			

The main ingredient of sweet boondi is gram flour (also known as besan). It is used as an alternative for gluten. Gram flour also helps: control diabetes.

